



Guide to Financial Literacy and Education Resources

Mike DeWine, Governor
Lori Criss, Director

The list below are some of the financial wellness resources available. It is not an exhaustive list. Please note that some of these services are provided for free while others have a cost. OhioMHAS does not endorse any of the services listed below.

Adults

Name of Resource	Description	Cost	Website
AICPA 360 Degrees on Financial Literacy	Resource includes a budget tool to assist individuals with their monthly budgets.	Free	https://www.360financialliteracy.org/
Catholic Charities Toledo (Mansfield, Norwalk, Toledo)	Resource includes financial education workshops, education to help with money management.	Free	https://catholiccharitiesnwo.org/financial-education/
Community Financial Centers	Resource includes financial coaching, financial planning, budget management, credit building.	N/A	http://communityfinancialcenters.org/
Consumer Financial Protection Bureau	Resource includes help with managing finances and with making financial decisions. Includes videos.	Free	https://www.consumerfinance.gov/coronavirus/
Debtors Anonymous	Resource includes tools for overcoming compulsive debting.	Free	www.debtorsanonymous.org
ESOP Financial Wellness (Cleveland)	Resource includes tools to achieve and maintain financial wellness and housing stability.	Free	http://www.esop-cleveland.org/
Neighborhood Housing Partnership of Greater Springfield	Resource includes financial assistance workshops.	Free	https://springfieldnhp.org/financial-fitness/
Northwestern Ohio Community Action Commission (Defiance, Fulton, Henry, Paulding, Van Wert and Williams Counties)	Resource includes financial literacy, financial coaching, money management, budgeting, credit counseling, etc.). Includes videos.	Free	https://www.nocac.org/financial-empowerment/financial-empowerment-continuum/
Smart about Money	Resource includes online trainings, courses, quizzes, and other basics	Free	https://www.smartaboutmoney.org/

United Way of Stark County	Resource includes financial coaching, money management classes, etc.	Free	https://www.uwstark.org/our-work/community-programs/financial-prosperity-center/
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Adults 50+

Name of Resource	Description	Cost	Website
AARP Foundation Finances 50+	Resource includes information on budgeting, saving, credit, and debt with downloadable worksheets.	Free	https://www.aarp.org/aarp-foundation/our-work/income/finances-50-plus-financial-capability/financial-resources/

All Ages

Name of Resource	Description	Cost	Website
360 Degrees of Financial Literacy	Resource includes managing personal finances and developing money management skills. Includes videos.	Free	https://www.360financialliteracy.org/
America Saves	Resource includes education on saving money, reducing debt, and building wealth. Includes videos.	Free	https://americasaves.org/for-savers
Annuity.org	Resource includes general financial information.	Free and fee based	https://www.annuity.org/financial-literacy/
Apprisen	Resource includes financial coaching, personal finance and debt management.	Free and fee based	www.apprisen.com
Breaking Chains	Resource includes personal housing counseling, and financial literacy services.	Free	https://breakingchainsinc.org/about/
Consumer Credit Counseling Services	Resource includes personal finance education, credit counseling, debt management services, bankruptcy education and housing counseling.	Free	https://credit.org/cccs/
Cuyahoga County Department of Consumer Affairs	Resource includes a do it yourself toolbox with online tools for managing money, etc.	Free	https://consumeraffairs.cuyahogacounty.us/en-US/DIY-Consumer-Toolbox.aspx
FDIC	Resource includes financial management and tools.	Free	https://www.fdic.gov/consumers/consumer/moneysmart/
Goodwill Cleveland (Cleveland and East Central Ohio)	Resource includes financial literacy and help with achieving financial goals.	Free	https://www.goodwillgoodskills.org/services/adult-skills.aspx
Hands on Banking	Resource includes many tools on money management, budgeting, improving credit, etc.	Free	https://handsonbanking.org/articles/topic/personal-finance/
Impact Community Action (Franklin County)	Resource includes financial literacy skills education, workshops, tax-preparation services, etc.	Free	https://www.impactca.org/what_we_do/programs/empowerment_services/financial_services.html
Money Management	Resource includes financial counseling services and financial webinars.	Free and fee based	https://www.moneymanagement.org/

My Credit Union Financial Resources	Resource includes activities, publications, worksheets, on financial literacy and other options.	Free	https://www.mycreditunion.gov/financial-resources
Mymoney.gov	Resource includes on-line calculators, budget worksheets, planning checklists and other helpful resources.	Free	https://www.mymoney.gov/tools/Pages/tools.aspx
National Credit Union Administration	Resource on financial literacy.	Free	https://www.ncua.gov/consumers/financial-literacy-resources
National Endowment for Financial Education	Resource includes various financial information topics.	Free	https://www.nefe.org/about/default.aspx
New York Association of Psychiatric Rehabilitation Services	Resource includes a 16-page financial information sheet.	Free	https://static1.squarespace.com/static/58739f64e6f2e14a3527a002/t/5a7369100852293130ad4d6a/1517512979472/WeCanWorkFinal_000.pdf%E2%80%9D
Office of the Comptroller of the Currency	Resource includes a directory with information on financial literacy resources.	Free	https://www.occ.treas.gov/topics/consumers-and-communities/community-affairs/resource-directories/financial-literacy/index-financial-literacy-resource-directory.html
Ohio Means Jobs	Resource includes online tools, trainings/tutorials, and budgeting calculators.	Free	https://jobseeker.ohiomeansjobs.monster.com/PlanIt/FinancialLiteracy.aspx
Operation Hope (Cleveland)	Resource includes education offerings, from youth financial literacy, home ownership, job skills, employee financial wellness, etc;	N/A	https://operationhope.org/map/
Udemy	Resource includes a short course on personal finances.	Free and fee based	https://www.udemy.com/course/managing-your-personal-finances/
University of Toledo	Resource includes an online budget worksheet.	Free	https://www.utoledo.edu/financialaid/Financial_Literacy.html

Disability Population

Name of Resource	Description	Cost	Website
Ohio Developmental Disabilities Council	The ODDC receives and disseminates federal funds in the form of grant projects in order to create more opportunities for people with disabilities.	Free	https://ddc.ohio.gov/estate-and-future-planning
Disability Benefits 101	Disability Benefits 101 gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together.	Free	https://oh.db101.org/
Disability Rights Ohio	Benefits counseling	Free	https://www.disabilityrightsohio.org/employment#Incentives

Educators

Name of Resource	Description	Cost	Website
Consumer Financial Protection Bureau	Resource includes financial tools, such as webinars to educate financial educators so they can assist clients.	N/A	https://www.consumerfinance.gov/practitioner-resources/adult-financial-education/
Hazelden	Resource includes professional tools to use with either individuals or in group settings. Includes videos.	Fee based	https://www.hazelden.org/store/products/search?query=money

Educators, students and adults

Name of Resource	Description	Cost	Website
High School Financial Planning Program	Resource document includes a comprehensive personal finance curriculum.	Free	https://www.hsfpp.org/
Ohio Budget Calculators	We offer two different calculators to help you estimate your budget.	Free	https://jobseeker.ohiomeansjobs.monster.com/FundIt/Home.aspx
Practical Money Skills	Resource includes informational sheets, budget calculators, videos and online games.	Free	http://www.practicalmoneyskills.com/

Military personnel and families

Name of Resource	Description	Cost	Website
Military Consumer	Resource for financial managers to share with military individuals and families.	Free	https://www.militaryconsumer.gov/

Peer Specialists

Name of Resource	Description	Cost	Website
Academy of Peer Services	Resource for peers/peer specialists including financial counseling services, free tax preparation assistance. Includes videos.	Free	https://aps-community.org/financial-wellness/

Students

Name of Resource	Description	Cost	Website
AFSA Education Foundation	Resource includes education on money management fundamentals, and personal finance concepts. Includes videos.	Free	https://afsaef.org/MoneySKILL/About
Cash Course	Resource includes financial education courses, financial tools such as worksheets, budget wizard, quizzes and calculators.	Free	https://www.cashcourse.org/
Columbus Literacy Council	Resource includes teaching students about savings, how to set up a budget, etc.	Free	https://www.clcworks.org/explore-with-us?lightbox=datatemp-jwwpyexq
Financial Literacy 101	Resource includes financial literacy, understanding financial aid, managing credit, etc.(Budget basics, dealing with debt, financial planning).	Free	https://www.financialliteracy101.org/financial-literacy/

Jump Start	Resource includes information on advancing youth financial literacy.	Free	https://www.jumpstart.org/
Ohio Attorney General Office	Resource includes financial literacy modules/ powerpoints.	Free	https://www.ohioattorneygeneral.gov/Individuals-and-Families/Consumers/High-School-Financial-Literacy-Lesson-Plans
Ohio Department of Education	This financial literacy webpage provides information to support educators teaching financial literacy.	Free	http://education.ohio.gov/Topics/Learning-in-Ohio/Financial-Literacy
OhioMeansJobs.com	K-12 Resources	Free	https://jobseeker.ohiomeansjobs.monster.com/ExploreIt/k-12-resources.aspx
PwC—Access Your Potential	Access Your Potential® is focused on equipping students with the technology, financial and career skills they need to succeed.	Free	https://www.pwc.com/us/en/about-us/corporate-responsibility/access-your-potential/tech-financial-literacy-curriculum.html
United States Mint	U.S. Mint resources for financial literacy.	Free	https://www.usmint.gov/learn/educators/financial-literacy-lessons



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